



better work, better life

Post Event Report

Career Workshop for Single Mothers

6th March 2010

Single parenting is seldom easy.

Imagine having a job that is sometimes 24 hours a day, 7 days a week and for the next 16 years of your life. This is the kind of fantastic commitment that single mums make. Whether a woman is a single mom by choice or because of getting divorced or the early death of a husband or partner, it is very hard to play the role of a both the parents.

Single young mothers often compromise further education or work experience as they balance the needs of a growing family with earning a salary or wage. Combine this with many nights of poor sleep in the early years and it becomes obvious while many young single mums are happy to receive help and support.

6 March 2010 was the day which ISIS (I'm Single, I'm Strong) was formed in Singapore. The group consists of single mothers who are willing to step out, regain confidence and that want to re-enter the workforce. Workshops for single mothers, as well as career consultations, go a long way to helping the mums be better prepared for job opportunities that arise.

